

LEARNING MODALITIES WORKSHEET

A. Circle the learning modality you use the least:

VISUAL

AUDITORY

KINESTHETIC

B. Consider the Recommendations:

Visual Learning: allow students to take notes, draw, doodle, watch a video as a review; allow thinking time

Auditory Learning: ask students to start a group discussion, to give a summary of what they learned; provide recorded lessons, oral exams, team working; allow them to listen to appropriate music

Kinesthetic Learning: allow students to move; ask them to run an errand; make them stretch, sit on an exercise ball; make your lessons shorter

C. Answer in a practical way:

In which **section of your lesson/program** could the least used learning modality be integrated?

What specific activity could you **implement**?

What resources do you need to **make it happen**?