

PARISH RETREATS – OUTLINE WITH SECTIONS WORKSHEET

Purpose: Why do you want to offer a retreat?

Participants: Who is the retreat for?

Duration: How long will the retreat last?

Theme: to highlight the purpose; main focus of retreat

Date:

Resources: What are the various resources you have available for the retreat?

Core Team: Leader(s), catechist(st); catechist assistant(s), session volunteers

Support team: parents, session volunteers

Parish Staff: Coordinator/Director, Secretary, Pastor, Maintenance Staff

Spaces: classroom, atrium, church, garden

Finances: for materials; collect or include it with their general registration

RETREAT SECTIONS

Adaptive Prayers*: beginning, in the Church, ending; adaptive altar

Adaptive activities*: focused on the Theme

Active breaks: exercises, floor puzzles, sensory toys

Snack: individually; provide water

***Adaptive:** to consider the gifts and needs of each participant when using the different Learning Modalities